







At-A-Glance: Coordinated School Health

Coordinated school health programs support the connection among good health practices, academic achievement, and lifetime wellness.

Coordinated school health initiatives consist of eight core components:

-  health education
-  health services
-  nutrition
-  physical education
-  healthy school environment
-  school counseling, psychological, and social services
-  student, family, and community involvement
-  school staff wellness

Tennessee's coordinated school health program began as a pilot program in 2000, before expanding to all 95 counties in 2006.

Tennessee is unique in the nation in requiring and funding a coordinated school health initiative in all school districts.

